



MONTEREY PENINSULA REGIONAL PARK DISTRICT

Preserving & Protecting Parks & Open Space

Garland Hikes: Cliff – Siesta Point – Maple Canyon

Distance
2.5 miles

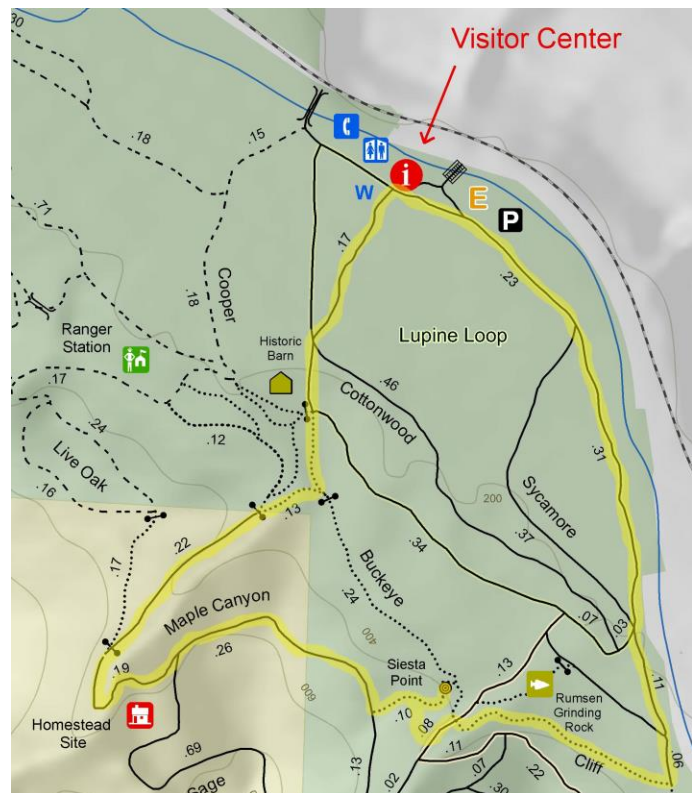
Approx Hiking Time*
1 hour

Elevation Gain
465 ft

This is a good hike for those without a lot of time but who still want to get some exercise and see views of Carmel Valley.

Directions:

- From the Visitor Center, head East on the **Lupine Loop Trail** (to your left with your back to the Visitor Center). Follow Lupine Loop past the junction with the Sycamore Trail on your right. You will pass the Yanes Bench and come to a trail sign. Follow the signs to the **Waterfall Trail** by bearing left.
- Continue on Waterfall past the Chamisal Trail. You will come to the Jones Bench and the **Cliff Trail**, to your right. Take Cliff uphill. Make sure you take in the view from the Robin's Perch bench or the rock outcropping just before you head back downhill. Careful, the downhill is steep, with stairs.
- You will now meet the **Mesa Trail**. Straight ahead is the Buckeye Nature Trail. For an easier hike, take the Buckeye Nature Trail. To continue on this hike, turn left up Mesa just a bit until it crosses a bridge and you see the **Siesta Point Trail** on your right. This is not shown on the map, but don't worry, it's there!
- Take the **Siesta Point Trail** up the hill. After you climb for a bit, you will see a short spur leading down to Siesta Point. Take the spur. You can sit on Terrie's Bench and enjoy the view. Then head back up the spur and back on the Siesta Point trail, heading uphill (to your right exiting the spur).
- You will come to the **Maple Canyon Trail**. Turn right and head uphill. You will pass the Sage Trail on your left and the homestead site, also on your left, before you start downhill.
- All the way at the bottom of the Maple Canyon trail, at the wooden gate, follow the signs to the Visitor Center by going right. When you reach the Buckeye Nature Trail turn left, down the hill. Continue down the hill past the wooden gate. At the bottom of the hill, take the middle of the three trails, following the sign back to the Visitor Center along the **Shortcut Trail**.



* Hiking times are approximate. Experienced hikers may complete the hike in less time, inexperienced hikers or families with small children may need more time. Please plan accordingly.



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- ✓ There is water at the Visitor Center and La Mesa, but nowhere else on the trails. Remember to bring plenty of water on your hike.
- ✓ There are restrooms at the Visitor Center and the Ranger Station, but nowhere else in the park.
- ✓ There are trash cans at a number of locations on the lower trails, but no trash cans higher up. Please pack out *everything* you pack in.
- ✓ On some trails you may encounter horses. Equestrians have the right of way in those situations
- ✓ If you are hiking with a dog, be aware your dog can be off leash but must be under your control.
- ✓ Take time to look at the flowers, listen to the birds, enjoy the views and generally take in the pleasure of being out in Nature. But *please* don't pick the flowers!

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