



## MONTEREY PENINSULA REGIONAL PARK DISTRICT

*Preserving & Protecting Parks & Open Space*

### Garland Hikes: Waterfall – Sky – Sage

**Distance**  
4.3 miles

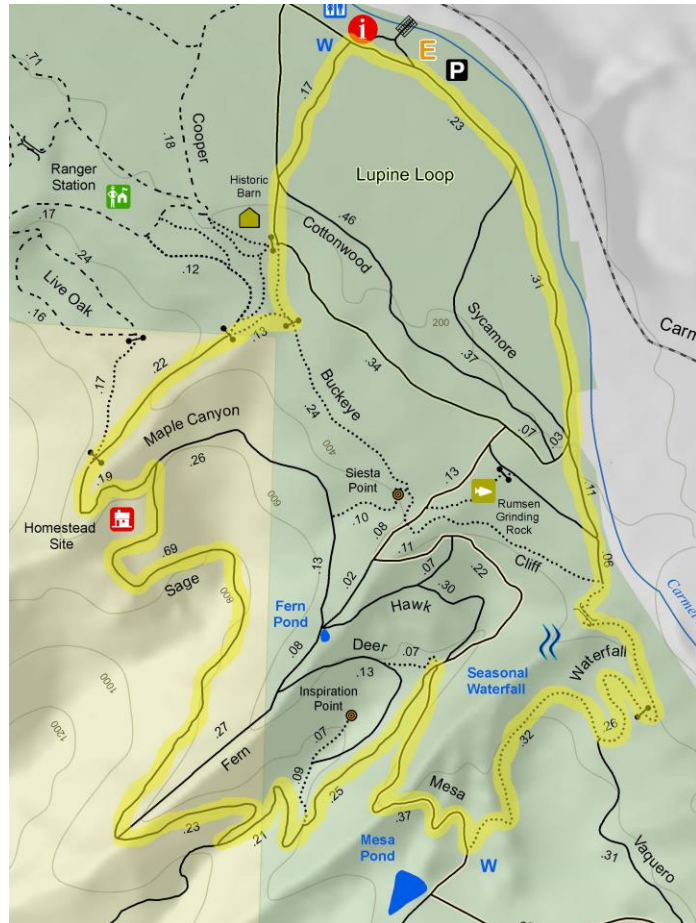
**Approx Hiking Time\***  
1 hour 50 minutes

**Elevation Gain**  
997 ft

This is a great choice for those looking for a longer hike with elevation but who aren't looking to go all the way to Snively's Ridge. There are great views of Carmel Valley from the Sky and Sage trails.

#### Directions:

- From the Visitor Center, head East on the **Lupine Loop Trail** (to your left with your back to the Visitor Center). Follow Lupine Loop past the junction with the Sycamore Trail on your right. You will pass the Yanes Bench and come to a trail sign. Follow the signs to the **Waterfall Trail** by bearing left.
- You will come to the Jones Bench and the Cliff Trail, to your right. Follow the signs for the **Waterfall Trail** by bearing left. You will cross a bridge then climb up several sets of stairs. As you continue to climb up the Waterfall Trail, you will pass through a stile and later see the Vaquero Trail on your left. Continue on Waterfall, right, until you reach La Mesa. Here you can rest on the Neidenger Bench or the Keel Bench, and "Have a Drink on Frank" at the water fountain.
- To continue on this hike, take the **Mesa Trail** downhill. It is to your right as you exit the Waterfall Trail. You will come to a point where the **Sky Trail** and the Deer Trail meet Mesa. The Faye Braun Bench is here.
- Turn left, uphill, onto the **Sky Trail**. You will pass the Deer Trail (also the trail to Inspiration Point) on your right. Continue uphill on Sky until you reach the point where it meets the **Sage Trail**. There's a bench here, and good views up the Carmel Valley.
- When you are ready to continue, take the **Sage Trail** downhill. You will rather quickly come to the Fern Trail and a water trough for horses (and dogs). The water is safe for animals, but not for people. Continue on Sage by going uphill briefly before the trail levels off and provides nice views of Carmel Valley. Follow Sage downhill until it meets the **Maple Canyon Trail**.
- Turn left on **Maple Canyon**, past the homestead site and downhill. At the bottom of the Maple Canyon trail, at the wooden gate, follow the signs to the Visitor Center by going right. When you reach the Buckeye Nature Trail turn left, down the hill. Continue down the hill past the wooden gate.
- At the bottom of the hill, take the middle of the three trails, following the sign back to the Visitor Center along the **Shortcut Trail**.



\* Hiking times are approximate. Experienced hikers may complete the hike in less time, inexperienced hikers or families with small children may need more time. Please plan accordingly.



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- ✓ There is water at the Visitor Center and La Mesa, but nowhere else on the trails. Remember to bring plenty of water on your hike.
- ✓ There are restrooms at the Visitor Center and the Ranger Station, but nowhere else in the park.
- ✓ There are trash cans at a number of locations on the lower trails, but no trash cans higher up. Please pack out *everything* you pack in.
- ✓ On some trails, you may encounter horses. Equestrians have the right of way in those situations
- ✓ If you are hiking with a dog, be aware your dog can be off leash but must be under your control.
- ✓ Take time to look at the flowers, listen to the birds, enjoy the views and generally take in the pleasure of being out in Nature. But *please* don't pick the flowers!

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