

## September 2018 Free Hikes and Activities

For more information call (831) 659-6065

Space is limited. Please pre-register for all hikes and activities. Minors must be accompanied by a parent or legal guardian.

DATE/TIME	EVENT	MEETING	SIGNUP
Sat., Sep. 1 9AM-12PM	<b>Hike Northern Trails of Ft. Ord:</b> Start your morning in the great outdoors amongst scenery that inspires! Trek along the trails to experience vernal pools. Oak woodlands, and maritime chaparral habitats. Discover the importance of Fort Ord National Monument, home to many rare and endangered plants and animals. Elevation change: 200 ft. Distance: 4-5 miles. Ages 12-Adult.	Inter-Garrison Jerry Smith Corridor Lot. Seaside	<a href="#">Click here to register</a>
Wed., Sep. 3	Labor Day Observed- MPRPD Administration Office Closed		
Sat., Sep. 8 9:30AM-10:30AM	<b>Tai Chi for Health: Tai Chi for Energy II</b> Take your Tai Chi skill set to the next level. Considered “meditation in motion,” this mind-body practice has value in treating and preventing many health problems. Gain a deeper appreciation and enjoyment of this ancient Chinese practice; good for all ages and abilities. <b>All Ages</b>	GRRP VC	<a href="#">Click here to register</a>
Sun. Sep. 9 10AM-11:30PM	<b>Tiny World of Microbeasts</b> Discover the wild and woolly world of the ‘microbeasts’ that live on plants. Peek into their homes and habitats to catch a glimpse of their little world. Gain a deeper appreciation for the beauty and weirdness of these tiny creatures through art, song and play. Ages 4-10	GRRP VC	<a href="#">Click here to register</a>
Sun. Sep. 9 12PM-1:30PM	<b>Stayin Alive- Animals Undercover</b> Are you a predator or are you prey? Are you camouflaged or blinged-out like a disco ball? Engage in fun, interactive games to gain insight into animal behaviors in the wild, while improving your nature-viewing skills. Ages 11-Adult.	Locke- Paddon Park, Marina	<a href="#">Click here to register</a>
Tue., Sep. 11 10AM-12PM	<b>Garland Park Arboretum: Volunteer Day</b> Come help maintain Garland Ranch Regional Park’s beautiful garden and arboretum. No experience necessary, all equipment provided. Instructors: MPRPD Staff and Volunteers. All Ages	GRRP VC	<a href="#">Click here to register</a>
Thu., Sep. 13 9AM-12PM	<b>Tour that Dam Site!</b> Visit the largest dam removal site in California’s history to see how it looks today. In 2016, the San Clemente Dam was demolished and Carmel River rerouted to protect homes and animal habitats. On this exclusive driving tour, we’ll see the impact from the Soberanes Fire and heavy rains of 2017. Ages 13-Adult	CVHS	<a href="#">Click here to register</a>
Fri., Sep. 14 7PM-8:30PM	<b>Falconry: Speed, Stealth, and Smarts!</b> The peregrine falcon is the fastest member of the animal kingdom, reaching speeds of over 200 mph. Silent and deadly, the great horned owl is one of nature’s top nocturnal predators. Harris’ hawk is the most intelligent of all raptors, due to its social and hunting behaviors. Meet these magnificent birds up close and personal in this live demonstration. Ages 10-Adult	PCR Discovery Center	<a href="#">Click here to register</a>
Sat., Sep. 15 9AM-11AM	<b>Birding at Rancho Canada:</b> The Carmel River is a magnet for vagrant and migratory bird species. Each visit to this riparian habitat provides a fresh and varied avian experience. Enjoy our new Palo Corona location as you bird along the river under a canopy of trees. Elevation change: 50 ft. Distance: .5-3.5 miles. Ages 12-Adult.	PCR Discovery Center	<a href="#">Click here to register</a>
Sat., Sep. 15 Sunset	<b>Nature Night Hike:</b> Meet at dusk and venture into the park for a 2-3-hour night hike. Switch off the flashlight, let your eyes adjust, and use heightened senses while exploring your nocturnal side. Elevation change: 300-800 ft. Distance: 3-3.5 miles. Ages 12-Adult. Registration required. No walk-ins	PCR Barn	<a href="#">Click here to register</a>

Sun., Sep. 16 10:30AM-12PM	<b>History of Garland Ranch Park</b> Garland Park was MPRPD's first major land acquisition. This purchase was considered controversial by some members of the community at the time. The Park District's first general manager will share the history behind the sale of this property and neighboring ranch properties to create one of the most popular parks in Monterey County. Ages 13-Adult.	GRRP Meeting Room	<a href="#">Click here to register</a>
Fri., Sep. 21 6PM-8PM	<b>Frog Pond Fridays:</b> Unwind after work with a stroll around Frog Pond Wetland Preserve. Learn about the area's history and the vast array of wildlife who call this wetland home. Enjoy the sights and sounds of nature as the sun sets and the day turns to night. Elevation change: 50 ft. Distance: 1.5 miles. Ages 10-Adult.	Frog Pond Preserve	<a href="#">Click here to register</a>
Sat., Sep. 22 6:30PM-8:30PM	<b>Discover Marina Dunes Preserve:</b> Walk the sandy dunes at sunset! Watch the sky fill with colors as we learn about this dynamic everchanging landscape. From fore dunes to hind dune the sands host abundant plant and animal life. Discover how this relatively harsh environment creates a unique thriving community. Elevation change: a150 ft. Distance: 2 miles. Hike occurs mostly in sand. Ages 10-Adult.	Marina Dunes Preserve	<a href="#">Click here to register</a>
Sat., Sep. 22 10:00AM-11:30AM	<b>Amazing Acorn Woodpeckers:</b> There's a lot to discover about these fun-to-watch birds; from how they peck without hurting their head to what they do with all those acorns. Through experiments, games and stories, we will explore the weird, wacky and wonderful world of woodpeckers. Ages 3-10.	Garland Park Cooper Barn	<a href="#">Click here to register</a>
Sat., Sep. 22 10:30AM-11:30AM	<b>Mindful Meditation in the Park:</b> The natural beauty of Palo Corona will engage your senses as you participate in mindful walking, guides sitting meditation, and informal discussion. Please bring a chair/cushion/mat to sit on. Wear layers and bring a blanket in case of inclement weather. Ages 16-Adult.	PCRCP Barn	<a href="#">Click here to register</a>
Sun., Sep. 22 12PM-1:30PM	<b>Games: Nature Know-how  </b> Have you ever tried to get a close look at a critter, only to have it skitter away? Humans are like a bulldozer to wildlife, causing them to flee as we approach. Learn ways to become a silent observer in nature, and then practice your new skills "In the wild" with fun games. Ages. 3-10.	GRRP Visitor Center	<a href="#">Click here to register</a>
Fri., Sep. 28 2PM-6PM	<b>Palo Corona Regional Park Dedication Celebration:</b> Join US to celebrate the official grand opening and land dedication of the new portion of Palo Corona Regional Park. Bring your picnic blanket or lawn chairs and enjoy guided hikes, activities, and the chance to meet your local park staff. Food and beverages will be available for purchase. This is a free event and all are welcome.	PCRCP Discovery Center	<a href="#">For more Info. or to RSVP</a>
Sun., Sep. 29 10AM-11:30AM	<b>Games: Nature Know-how.</b> Have you ever tried to get a close look at a critter, only to have it skitter away? Humans are like a bulldozer to wildlife, causing them to flee as we approach. Learn ways to become a silent observer in nature, and then practice your new skills "In the wild" with fun games. Ages. 3-10.	GRRP Visitor Center	<a href="#">Click here to register</a>
Sat., Sep. 29 10AM-12PM	<b>Native Plant Gardens: A Watershed Approach</b> How do you make your garden grow? Join us to design your own water-saving, habitat-friendly greenspace. You'll learn to select plants optimal for your specific watershed conditions; be it soil, sun or sea. Use newly-acquired knowledge to make your garden an active player within the environment. Ages 13-Adult	PCRCP Discovery Center	<a href="#">Click here to register</a>

All events are contingent upon weather. Hike distances and elevation gain are approximate.

Please visit our website at [www.mprpd.org](http://www.mprpd.org) and click on "[CLICK HERE TO REGISTER](#)" at the bottom left side of the screen for the most up to date hike listing.